

**DISCLOSURE BY ELECTED PUBLIC EMPLOYEE  
OF TRAVEL EXPENSES SERVING A LEGITIMATE PUBLIC PURPOSE  
AS REQUIRED BY 930 CMR 5.08(2)(d)2**

RECEIVED  
STATE ETHICS COMMISSION

<b>ELECTED PUBLIC EMPLOYEE INFORMATION</b>	
Name of elected public employee:	Karen E. Spilka
Title/ Position	Massachusetts Senator
Agency/ Department	Senate, Senate Committee on Ways and Means
Agency address:	Room 212 State House Boston, MA 02133
Office phone:	617.722.1640
Office e-mail:	Karen.Spilka@masenate.gov
<b>Write an X to confirm each statement.</b>	<p>I am filing this disclosure because:</p> <p><input checked="" type="checkbox"/> I am going to engage in an activity that serves a legitimate public purpose, i.e., it is intended to promote the interests of the Commonwealth, a county or a municipality; and</p> <p><input checked="" type="checkbox"/> A non-public entity (but not a lobbyist) has offered to reimburse, waive or pay travel expenses and costs worth more than \$50.</p>
<b>ACTIVITY THAT SERVES A LEGITIMATE PUBLIC PURPOSE</b>	
Describe the activity which is the reason for traveling.	The Millbank Memorial Fund has arranged a two day symposium in Minneapolis on the subject of health care cost, quality and delivery. Presenters from the fields of government and public health will share lessons learned from Minnesota's efforts in the areas of health care payment and delivery system reform.
Describe your participation in the activity.	I will attend and participate in discussions regarding Minnesota's health care cost containment efforts and their applicability to similar efforts in the commonwealth.
Date, time and location of activity.	<p>December 14 – 16, 2016</p> <p>Commons Hotel 615 Washington Avenue SE Minneapolis, MN</p>
Please explain how the activity will promote the interests of the Commonwealth, a county or a municipality.	This trip will inform our work in the senate as we consider the next steps to take in health care cost containment policy. Minnesota is of particular interest to our work, given its experience with controlling costs and improving care delivery in the areas of managed care, behavioral health, and long term services and supports. These same areas have substantial impact on health care costs in the commonwealth, and on the MassHealth program in particular.

	<b>TRAVEL EXPENSES</b>
Identify the person or organization that offered to reimburse, waive or pay your travel expenses.	Millbank Memorial Fund
Address of person or organization.	645 Madison Ave., 15 <sup>th</sup> Floor New York, NY 10022
Provide information in as much detail as possible:	<b>Itemization and explanation of amounts offered:</b>
Transportation:	<i>Air, train, bus, and taxi fare and rental car hire, etc.</i> \$615 (flight and ground transportation)
Lodging:	<i>Overnight accommodations.</i> \$270 – 2 nights at the Commons Hotel
Meals:	<i>Breakfast, lunch, dinner, special events.</i>
Admission:	<i>Registration, admission, tickets, etc.</i> N/A
Other (please list):	<i>Refreshment, instruction, materials, entertainment, etc.</i>
Total:	
Write an X beside any relevant statement.	<input type="checkbox"/> I have attached the relevant itinerary. <input checked="" type="checkbox"/> I have attached the relevant agenda.
For the exemption to apply, check off <u>both statements</u> .	<b>Having disclosed the facts above, I determine that:</b> <input checked="" type="checkbox"/> Acceptance of the reimbursement, waiver or payment of travel expenses will serve a legitimate public purpose i.e., it will promote the interests of the Commonwealth, a county or a municipality; AND <input checked="" type="checkbox"/> Such public purpose outweighs any special non-work related benefit to me or to the person providing the reimbursement, waiver or payment.
Employee signature:	<i>Karen E. Spulka</i>
Date:	<i>December 9, 2016</i>

Attach additional pages if necessary.

Elected state or county employees – file with the State Ethics Commission.

Members of the General Court – file with the House or Senate clerk or the State Ethics Commission.

Elected municipal employee – file with the City Clerk or Town Clerk.

Elected regional school committee member – file with the clerk or secretary of the committee.

**State Massachusetts**  
**Research and Analysis of Policy Issues Related to**  
**Payment and Delivery System Reforms**  
**A Technical Assistance Meeting Sponsored by the Milbank Memorial Fund**  
**The Commons Hotel, Minneapolis, Minnesota**  
**December 15-16, 2016**

**AGENDA**

Thursday, December 15	
<b>9:00 A.M.</b>	<b>Welcome and Introductions</b> <i>James Welch, Massachusetts Senate</i> <i>Trina A. Gonzalez, Program Officer, Milbank Memorial Fund</i>
<b>9:15</b>	<b>Medicaid Initiatives and Reforms: Minnesota and Massachusetts</b> <i>Lynn Blewett</i> <i>Director, State Health Data and Assistance Center and</i> <i>Professor, Health Policy and Management, University of Minnesota</i> <p>Dr. Blewett will provide an overview of Medicaid initiatives in Minnesota and Massachusetts.</p> <p>Dr. Blewett conducts research on the factors affecting health insurance coverage and access to and use of health care as these factors relate to state health policy. In addition to her roles with SHADAC and the University, Dr. Blewett directs the State Health Access Reform Evaluation, a Robert Wood Johnson Foundation national program that funds and evaluates health reform at the state level.</p>
<b>10:30</b>	<b>Community Paramedicine and Scope of Practice Issues in Minnesota: Lessons Learned</b> <i>Buck McAlpin</i> <i>Partner</i> <i>Libby Law Offices</i> <ul style="list-style-type: none"> <li>• Community Paramedicine <ul style="list-style-type: none"> <li>• Background – context and political environment</li> <li>• Program implementation, financing and oversight</li> </ul> </li> <li>• Scope of practice issues <ul style="list-style-type: none"> <li>• Background – context and political environment</li> <li>• Specific issues targeted in Minnesota</li> </ul> </li> </ul> <p><i>Buck McAlpin</i>  Mr. McAlpin has worked in the health care arena for over 20 years, starting as a</p>

	<p>Paramedic for North Memorial Health Care and most recently as the Director of Government Relations. He has an extensive background in health care financing and commercial and governmental payment programs and has worked on "Scope of Practice" issues as it relates to non-traditional providers. He drafted, lobbied and successfully implemented the state's Community Paramedic program and is a sought out expert on Scope of Practice and implementation of the Community Paramedic programs. He has also served as a City Council member and Mayor for the City of Annandale, and maintains national and state licensure as a Paramedic.</p>
12:00	Lunch
1:00	<p><b>Payment and Delivery System Reforms: Minnesota's Medicaid Program</b>  <i>Marie Zimmerman, State Medicaid Director, Department of Human Services (DHS)</i>  <i>Heather Petermann, Manager, Health Care Delivery and Payment Reform, DHS</i>  <i>Mat Spaan, Planning Director, DHS</i></p> <ul style="list-style-type: none"> <li>• Medicaid Managed Care reforms</li> <li>• Behavioral Health Homes</li> <li>• Integrated Health Partnerships and Total Cost of Care</li> <li>• Long Term Services and Supports: Controlling Costs and Improving Program Integrity</li> </ul> <p><i>Marie Zimmerman</i>  Ms. Zimmerman currently serves as the Minnesota Medicaid Director, where she oversees program wide Medicaid policy development and implementation across the administrations at DHS including Health Care, Chemical and Mental Health, and Continuing Care. She also directly oversees the Department's policy and operations of federal relations, managed care contracting, rate-setting, benefits policy, new delivery and purchasing strategies including the state's Accountable Care Organization (ACO) demonstration, behavioral health homes, and the implementation of the state's State Innovation Model (SIM) grant activities.</p> <p><i>Heather Petermann</i>  Ms. Petermann joined DHS in 2012 as a Planning Director and Informatics Lead, helping to implement the Integrated Health Partnership initiative, DHS's Medicaid Accountable Care Organization (ACO) demonstration. Prior to working for the state, she spent many years at United HealthCare in positions ranging from Government Programs Senior Analyst to Product Manager for Nurse Case Management Tools. She has over 15 years of experience in health care and data analytics.</p> <p><i>Mat Spaan</i>  Mr. Spaan has worked with the state of Minnesota since 2008, where he has worked to implement and develop health policy and payment reform initiatives. His most recent work is as planning director for the Care Delivery and Payment Reform unit and as lead on the state's Medicaid ACO demonstration, known as the Integrated Health Partnerships (IHP). His previous state projects have included the development of the state's All-Payer Claims Database and the creation of a hospital and physician clinic cost and quality comparison tool. Prior to joining the state, Mr. Spaan held several interesting positions in the private and nonprofit sectors, including as a manager with a national health advocacy organization, organizer for a neighborhood arts and economic development nonprofit in New Orleans, and as a boat captain on Lake Michigan.</p>

<b>3:00</b>	<b>Break</b>
<b>3:15</b>	<p><b>Healthcare Reforms: Perspective from the Legislature</b>  <i>The Honorable Tony Lourey</i>  <i>Minnesota Senate</i></p> <p>Senator Lourey was elected to the Minnesota Senate in 2006 and re-elected in 2010, 2012, and 2016. He grew up in a politically active family and has been involved in public policy most of his career. Prior to election to the senate, he served as a Kerrick Township supervisor for nine years. He has worked as a public policy consultant, assisting county and state governments in finding ways to finance their health and human services programs and as a database and software designer. He and his wife Marlana Benzie-Lourey also own Oak Lake apple orchard and Oak Lake Farms.</p>
<b>5:00</b>	<b>Adjourn</b>
<b>6:00</b>	<b>Dinner</b>
<b>Friday, December 16</b>	
<b>9:00am</b>	<b>TBD</b>
<b>10:30am</b>	<b>Provider Perspectives: Alina Health - Invited</b>
<b>12:30pm</b>	<b>Lunch</b>
<b>2:00 pm</b>	<p><b>Hennepin Health ACO: Leveraging Healthcare Dollars for the Social Determinants of Health</b></p> <p>Hennepin Health is a demonstration project that is conducted in collaboration by Hennepin County and the Minnesota Department of Human Services. Launched in 2012, the program is a partnership between the state's Medicaid and Public Health departments, Hennepin County Medical Center, Metropolitan Health Plan, a county-operated HMO, and NorthPoint Health and Wellness Center, a county-operated clinic. Their goal is to reduce medical costs for some of the poorest and most troubled patients by aligning services and pooling the resources of these organizations—not by creating new programs or looking for new sources of funding. The presenters will discuss their integrated, health care delivery ACO that focuses on medical, mental health, and social needs.</p> <p>Linda Berglin, Public Policy Manager, Hennepin Health and former state Senator  Ross Owen, Health Strategy Director, Hennepin Health  Julie Bluhn, Health Clinical Program Manager, Hennepin Health  Paul Johnson, MD, Director, Coordinated Care Center, Hennepin County Medical Center</p>
<b>4:00pm</b>	<b>Adjourn</b>

