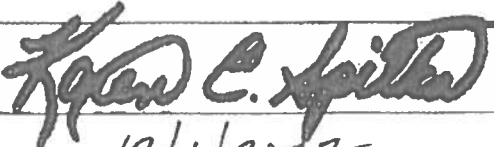


**DISCLOSURE BY ELECTED PUBLIC EMPLOYEE
OF TRAVEL EXPENSES SERVING A LEGITIMATE PUBLIC PURPOSE
AS REQUIRED BY 930 CMR 5.08(2)(d)2.**

ELECTED PUBLIC EMPLOYEE INFORMATION	
Name of elected public employee:	Karen E. Spilka
Title/ Position	Senate President
Agency/ Department	Massachusetts Senate
Agency address:	Massachusetts State House 24 Beacon St, Room 332 Boston, MA 02113
Office phone:	(617) 722-1500
Office e-mail:	Karen.Spilka@masenate.gov
Write an X to confirm each statement.	I am filing this disclosure because: ☒ I am going to engage in an activity that serves a legitimate public purpose, i.e., it is intended to promote the interests of the Commonwealth, a county or a municipality; and ☒ A non-public entity (but not a lobbyist) has offered to reimburse, waive or pay travel expenses and costs worth more than \$50.
ACTIVITY THAT SERVES A LEGITIMATE PUBLIC PURPOSE	
Describe the activity which is the reason for traveling.	The National Conference of State Legislatures' ("NCSL") Forecast '23: Preparing for Legislative Sessions
Describe your participation in the activity.	I will attend NCSL's conference to gain foresight into pressing policy issues and will be presenting as part of a panel exploring the major issues state legislatures are likely to face in the 2023 legislation session.
Date, time and location of activity.	December 5 - 7, 2022 Westin San Diego Gaslamp Quarter 910 Broadway Circle San Diego, California 92101
Please explain how the activity will promote the interests of the Commonwealth, a county or a municipality.	NCSL is a major partner and resource for the Massachusetts Legislature. Participants at this conference will collaborate with other state legislators and colleagues to examine the latest policy research and developments and strengthen their ability to navigate the 2023 legislative session.

	TRAVEL EXPENSES
Identify the person or organization that offered to reimburse, waive or pay your travel expenses.	National Conference of State Legislatures
Address of person or organization.	7700 East First Place Denver, CO 80230
Provide information in as much detail as possible:	Itemization and explanation of amounts offered:
Transportation:	<i>Air, train, bus, and taxi fare and rental car hire, etc.</i>
Lodging:	<i>Overnight accommodations.</i> \$539.04 – two nights at hotel
Meals:	<i>Breakfast, lunch, dinner, special events.</i>
Admission:	<i>Registration, admission, tickets, etc.</i>
Other (please list):	<i>Refreshment, instruction, materials, entertainment, etc.</i>
Total:	\$539.04
Write an X beside any relevant statement.	☐ I have attached the relevant itinerary. ☒ I have attached the relevant agenda.
For the exemption to apply, check off <u>both statements</u> .	Having disclosed the facts above, I determine that: ☒ Acceptance of the reimbursement, waiver or payment of travel expenses will serve a legitimate public purpose i.e., it will promote the interests of the Commonwealth, a county or a municipality; AND ☒ Such public purpose outweighs any special non-work related benefit to me or to the person providing the reimbursement, waiver or payment.
Employee signature:	
Date:	12/1/2022

Attach additional pages if necessary.

Elected state or county employees – file with the State Ethics Commission.

Members of the General Court – file with the House or Senate clerk or the State Ethics Commission.

Elected municipal employee – file with the City Clerk or Town Clerk.



NCSL FORECAST'23

San Diego, Dec. 5–7, 2022

↓ REGISTRATION INFO

— PREPARING FOR LEGISLATIVE SESSIONS

NCSL invites you to a new pre-2023 legislative session event designed to deliver foresight into pressing policy issues and legislative-specific training. At just \$99 for legislators and legislative staff, insights gained at Forecast '23 will help sharpen your vision and set you up for maximum success during next year's legislative session.

IMMERSE

yourself in the latest policy research and developments and start session prepared and informed.

ADVANCE

your legislative skills and strengthen your ability to navigate and impact the legislative process.

COLLABORATE

with your colleagues and expand your legislative network for the future.

Agenda-At-A-Glance

Monday, Dec. 5

3-4:15 p.m.	General Session
4:30-5:30 p.m.	General Session
5:30-6:30 p.m.	Networking Event

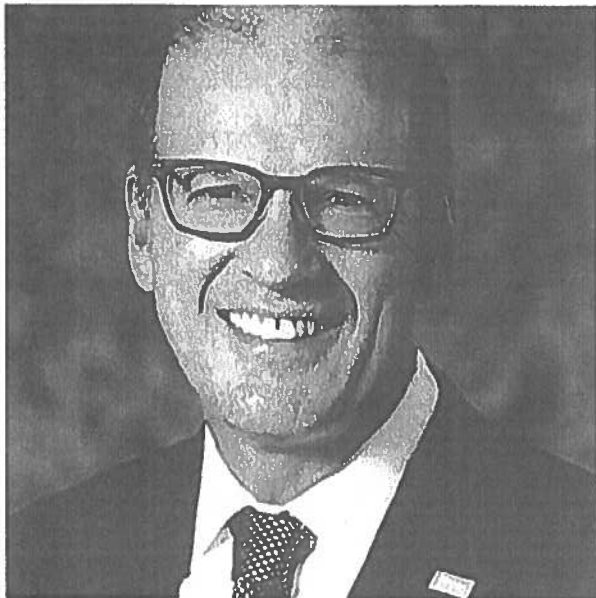
Tuesday, Dec. 6

7-7:45 a.m.	Breakfast
7:45-8:30 a.m.	General Session
8:45-10 a.m.	Breakouts
10:15-11:30 a.m.	Breakouts
11:45 a.m.-1 p.m.	Lunch/General Session
1:15-2:30 p.m.	Breakouts
2:45-4 p.m.	Breakouts
4:15-5:15 p.m.	General Session
6-7:30 p.m.	Reception on the USS Midway

Wednesday, Dec. 7

8-8:45 a.m.	Breakfast
9-10 a.m.	General Session
10:15 a.m.-11:45 a.m.	Professional Development Session

 See Full Agenda



Jonathan T.M. Reckford

CEO, Habitat for Humanity International

Session: Lessons in Leadership: What I Learned from the Private Sector, the Church and a Global Nonprofit



Sarita Maybin

Communication Expert and Author

Session: Maintaining Positive Relationships in the Legislature



Karen M. Allen

TEDx speaker and Founder of 100% Human

Session: Stop and Shift: A Mental Exercise to Reset Your Mind



Christopher Thornberg Ph.D.

Founder, Beacon Economics

Session: Worrying About the Wrong Recession



Debra Lekanoff

Representative, Washington House of Representatives

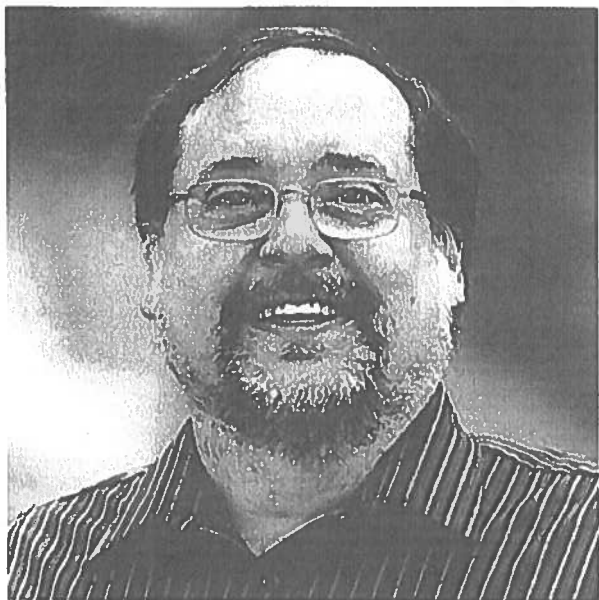
Session: An Across-the-Border Discussion with Canada and Mexico



Reid Wilson

Founder and editor, Pluribus News

Session: What Just Happened?! The Midterms Explained



John Medina

Developmental molecular biologist
and author of New York Times bestseller "Brain Rules"

Session: Brain Rules for Legislators and Staff



Laurie Jinkins

Speaker, Washington House of Representatives

Session: The Legislative Forecast: Hot, Hot, Hot!



Dan White

Director, Government Consulting and Fiscal Policy Research

Session: Stress-Testing Budgets in the Face of Economic UStress-Testing Budgets in the Face of Economic Uncertainty



Wendy Underhill

Elections and Redistricting Director, NCSL

Session:Applying Lessons Learned in the 2022 Elections to Lawmaking in 2023



Beate Chelette

Growth Architect

Session: Scale Your Impact: Three Essential Elements



Jonathan Ball

Legislative Fiscal Analyst, Utah Office of Legislative Fiscal Analyst

Session: Stress Testing Budgets in the Face of Economic Uncertainty



MEETING LOCATION

Westin San Diego Gaslamp Quarter | 910 Broadway Circle | San Diego

REGISTRATION

Registration Fees:

Until/After Nov. 11	Legislators and staff	NCSL Foundation	All other
Early Bird	\$99	\$750	\$850
After Nov. 11	\$299	\$950	\$1050

[Read Registration Cancellation Policy](#) 

HOUSING

The Westin San Diego Gaslamp housing block is closed.

You can search and **find a nearby hotel via aRes.**

 **REGISTER NOW**

FULL AGENDA

You can filter sessions by entering a keyword, or a date.

Click on a row to expand to details.

Search: [All Days] ☐ Session Resources

[\[clear all filters\]](#) [\[collapse all\]](#) [\[print current screen filter\]](#)

Session Name

Time/Room

☒ General Session: Brain Rules for Legislators and Staff

Wednesday, Dec. 7 |
9:00 AM-10:15 AM
Westin, Level 2,
California Ballroom AB

☒ San Diego Election Office Tour

Wednesday, Dec. 7 |
10:00 AM-12:00 PM
Westin, Level 2,
California Foyer

Summary: How are elections actually run? With 50-plus different systems, that's a hard question to answer. Fortunately, you can join NCSL's elections team on a tour of the San Diego Registrar of Voters office to see how one of the largest counties in the country does it. Learn about voter registration, the implementation of all-mail elections and more. Don't forget to bring your questions about cost, security and voter education. This tour is capped at 20 attendees; please email Amanda.Zoch@ncsl.org to reserve your spot by Dec. 3. Preference will be given to legislators and legislative staff.

☒ General Session: High-Touch Relationships in the Legislature

Wednesday, Dec. 7 |
10:30 AM-11:45 AM
Westin, Level 2,
California Ballroom AB

« ‹ 1 **2** › »

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MEETING LOCATION

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FULL AGENDA

You can filter sessions by entering a keyword, or a date.

Click on a row to expand to details.

Search:

[All Days]



☐ Session Resources

[\[clear all filters\]](#) [\[collapse all\]](#) [\[print current screen filter\]](#)

Session Name

Time/Room

Registration and Info Desk

Monday, Dec. 5 | 1:00
PM-6:00 PM
Westin, Level 2,
California Foyer

Summary: Pick up your badge for Forecast '23.

Opening General Session: Stop and Shift: A Mental Exercise to Reset Your Mind

Monday, Dec. 5 | 3:00
PM-4:15 PM
Westin, Level 2,
California Ballroom AB

Summary: Stress and setbacks make it tough to keep your head in the game. You need a go-to tool that can help you rise to all of life's challenges. Come learn about a mental training technique that provides a new map for your mind so that you can make decisions from a place of strength instead of stress. Hear about effective ways to build resilience, approach challenges with confidence and cultivate joy, inner peace, grit and other mindful behaviors to prevent burnout.

Speaker: Karen Allen, TEDx speaker and Founder of 100% Human, 100% Human

General Session: Worrying about the Wrong Recession?

Monday, Dec. 5 | 4:30
PM-5:30 PM
Westin, Level 2,
California Ballroom AB

Summary: The nation has recovered from the pandemic-driven recession, but the economy is still struggling to meet aggregate demand. Is there really a risk of an imminent recession? Or do the true risks lurk further down the road?

Speaker: Christopher Thornberg, Founder, Beacon Economics

Networking Reception

Monday, Dec. 5 | 5:30
PM-6:30 PM
Westin, Level 4, Garden
Terrace

« ‹ 1 2 › »

Session Name

Time/Room

Summary: Gather with colleagues from near and far for the Forecast '23 Networking Reception and kick off your time in San Diego with great conversation and libations.

■ Breakfast

Tuesday, Dec. 6 | 7:00
AM-7:45 AM
Westin, Level 4, San
Diego Ballroom

Summary: Connect with other attendees and NCSL staff while fueling up for the day ahead.

■ Registration and Info Desk

Tuesday, Dec. 6 | 7:00
AM-5:00 PM
Westin, Level 2,
California Foyer

Summary: Pick up your badge for the meeting.

■ General Session: The Legislative Forecast: Hot, Hot, Hot!

Tuesday, Dec. 6 | 7:45
AM-8:30 AM
Westin, Level 2,
California Ballroom AB

Summary: Equipped with the latest research from NCSL's national policy experts, NCSL CEO Tim Storey and legislative leaders offer an insightful look at major issues state legislatures are likely to face in the 2023 session. Then take a deeper dive into these hot policy topics during the Forecast '23 breakout sessions.

Panelist: Karen E. Spilka, Senate President, Massachusetts General Court

Panelist: Laurie Jenkins, Speaker of the House, Washington House of Representatives

Speaker: Tim Storey, Executive Director, National Conference of State Legislatures

■ Broadband Funding Tsunami! Surviving the Deluge

Tuesday, Dec. 6 | 8:45
AM-10:00 AM
Westin, Level 2, Plaza

Summary: The effort to give everyone broadband access got a major federal boost, and now states have billions to spend. How are they navigating the mandatory and the optional requirements for their broadband plans, and how can they best ensure meeting the goal of 100% deployment? Come hear our experts weigh in! Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Ralph Hise, Jr., Senate Deputy President Pro Tempore, North Carolina General Assembly

Panelist: John Sutich, VP, State Government Affairs, Comcast Cable, LLC

Panelist: Marva Johnson, Regional Vice President, State Government Affairs (South), Charter Communications

Panelist: Michael J. Santorelli, Director, Advanced Communications Law & Policy Institute, New York Law School

■ Rebuilding America's 20th Century Infrastructure for the 21st Century

Tuesday, Dec. 6 | 8:45
AM-10:00 AM
Westin, Level 2,
California Ballroom C

Session Name

Time/Room

Summary: Together, the Infrastructure Investment and Jobs Act and the Inflation Reduction Act will provide states with hundreds of billions of dollars to help finance the replacement of transportation, drinking water and energy infrastructure systems built 50 to 75 years ago. Join us for a discussion of what exactly these new funds and programs are, how states can respond and the steps legislatures need to take to implement change. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Doug Shinkle, Associate Director, National Conference of State Legislatures

Panelist: Fue Lee, State Representative, Minnesota Legislature

Panelist: Kristen Hildreth, Legislative Director, National Conference of State Legislatures

■ Stress-Testing Budgets in the Face of Economic Uncertainty

Tuesday, Dec. 6 | 8:45
AM-10:00 AM
Westin, Level 2,
California Ballroom AB

Summary: Strong state revenues and federal assistance have put states in a strong fiscal position. However, states expect revenue growth to slow and federal aid is about to dry up. Inflation, war, the pandemic and an unpredictable job market have also created a lot of uncertainty in the U.S. economy and state budgeting, and states are preparing for the possibility of a recession. States are working to accurately project revenues for the next couple of years, but with so much uncertainty, it's a good time for states to think about stress testing their budgets and preparing for different revenue and economic scenarios. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Angela Oh, Senior Manager, The Pew Charitable Trusts

Speaker: Dan White, Director, Government Consulting and Fiscal Policy Research, Moody's Analytics

Speaker: Jonathan Ball, Legislative Fiscal Analyst, Utah Office of Legislative Fiscal Analyst

■ Addressing the Mental Health Crisis

Tuesday, Dec. 6 | 10:15
AM-11:30 AM
Westin, Level 2, Plaza

Summary: Across nearly all communities and all age groups, Americans are reporting worsening mental health than ever before. Data shows that the recent pandemic and other stresses may trigger or exacerbate these conditions including depression, anxiety or severe mental illnesses. Hear from experts about today's top concerns and learn about state policy options to address the mental health crisis – for adults and youth. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Tahra Johnson, Director, Health Program, National Conference of State Legislatures

Panelist: Lauren Kallins, Legislative Director, National Conference of State Legislatures

Speaker: Autumn Rivera, Policy Specialist, National Conference of State Legislatures

Speaker: Charlie Severance-Medaris, Senior Policy Specialist, National Conference of State Legislatures

Speaker: Christopher Jones, CAPT, US Public Health Service, Acting Director, Centers for Disease Control and Prevention

■ Fresh Strategies for Safer Streets

Tuesday, Dec. 6 | 10:15
AM-11:30 AM
Westin, Level 2,
California Ballroom C

Session Name

Time/Room

Summary: State criminal and juvenile justice systems face new and different public safety concerns, including fentanyl overdoses, car jackings and catalytic converter theft, among other crimes of opportunity. Learn how legislatures are pivoting to tackle the current crime trends by tailoring policies and focusing resources on approaches that prioritize public safety. And hear more about several initiatives coming out of the Department of Justice and administration aimed at creating safer communities. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Sarah Brown, Director, National Conference of State Legislatures

Panelist: Amanda Essex, Program Principal, Criminal & Civil Justice Program, National Conference of State Legislatures

Panelist: Nicole Ezeh, Legislative Specialist, National Conference of State Legislatures

■ Rebuilding the Public Sector Workforce

Tuesday, Dec. 6 | 10:15
AM-11:30 AM
Westin, Level 2,
California Ballroom AB

Summary: Workers remain in high demand in the current labor market putting pressure on public sector employers trying to maintain their workforces and provide critical public services and supports. Facing retirements, worker burnout, rising wages and the changing nature of how work is performed, policymakers are exploring short and long-term strategies to build a public sector workforce for today and into the future. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Suzanne Hultin, Director, Employment, Labor & Retirement Program, National Conference of State Legislatures

Panelist: Anna Petrini, Program Principal, National Conference of State Legislatures

Panelist: Landon Jacquinet, Policy Associate, National Conference of State Legislatures

Panelist: Zaakary Barnes, Policy Specialist, National Conference of State Legislatures

■ Lunch, Awards and General Session: What Just Happened?! The Midterms Explained Tuesday, Dec. 6 | 11:45

AM-1:00 PM
Westin, Level 4, San
Diego Ballroom

Summary: What does Reid Wilson know about the midterm elections that you don't—but should? Join this elections expert for an insider's insights! Learn more about the shape of state legislative elections to come, featuring an exclusive look at the data underlying last year's redistricting efforts. The Steven D. Gold Award and Public Leadership in the Arts Award for State Arts Leadership will also be given out during this lunchtime session.

Speaker: Anna Eskamani, State Representative, Florida Legislature

Speaker: Jay Dick, Senior Director of State & Local Government Affairs, Americans for the Arts

Speaker: Reid Wilson, Founder and Editor, Pluribus News

■ Applying Lessons Learned in the 2022 Elections to Lawmaking in 2023

Tuesday, Dec. 6 | 1:15
PM-2:30 PM
Westin, Level 2,
California Ballroom AB

Session Name**Time/Room**

Summary: It's elections season, which means NCSL will be closely monitoring election administration topics, including how people choose to vote, poll watchers, vote certification, post-election audits, the independent state legislature doctrine and much more. NCSL's elections team will share insights gained during the 2022 general election so lawmakers can pursue legislation to bolster election administration in 2024 and beyond. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Speaker: Mandy Zoch, Project Manager, National Conference of State Legislatures

Speaker: Wendy Underhill, Director, Elections and Redistricting, National Conference of State Legislatures

■ **Scale Your Impact: Three Essential Elements**

Tuesday, Dec. 6 | 1:15
PM-2:30 PM
Westin, Level 2,
California Ballroom C

Summary: Voters are looking for leaders who can get things done—and that's you! Join us for an interactive session with Growth Architect Beate Chelette, named one of HuffPost's 50 Must-Follow Women Entrepreneurs, to learn practical, hands-on strategies to lead people, manage difficult situations and establish yourself as an authority.

Speaker: Beate Chelette, Growth Architect, Growth Architect

■ **State Issues and the Federal Government**

Tuesday, Dec. 6 | 1:15
PM-2:30 PM
Westin, Level 2, Plaza

Summary: What's going on in the lame duck session? What can states expect from the 118th Congress? What cases before the Supreme Court could have an impact on states? Get answers to these questions and more at this discussion with NCSL's Washington, D.C. staff. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Molly Ramsdell, Division Director, National Conference of State Legislatures

Panelist: Austin Reid, Sr. Legislative Director, National Conference of State Legislatures

Panelist: Erlinda Doherty, Sr. Legislative Director, National Conference of State Legislatures

Panelist: Kristen Hildreth, Legislative Director, National Conference of State Legislatures

Panelist: Susan Frederick, Sr Fed Affairs Counsel, National Conference of State Legislatures

■ **An Across-the-Border Discussion With Canada and Mexico**

Tuesday, Dec. 6 | 2:45
PM-4:00 PM
Westin, Level 2,
California Ballroom C

Summary: With 18 states bordering Canada or Mexico, important policy issues are always part of legislative discussions, and outcomes can greatly impact states' relationships with neighboring countries. What makes relationships stronger? What are the tension points? How can U.S. border states work together with our neighbors? Representatives from Canada and Mexico join U.S. lawmakers to discuss issues ranging from trade policy and workforce to the global economy and tourism.

Panelist: Ana Georgina Zapata Lucero, Congresswoman, Congress of Chihuahua

Panelist: Arwen Widmer Bobyk, Consul for Political, Economic and Cultural Affairs, Consulate General of Canada in Los Angeles

Panelist: Debra Lekanoff, State Representative, Washington Legislature

Panelist: Ryan Lane, State Representative, New Mexico Legislature

Session Name

Time/Room

Demystifying the Crypto Universe: DeFi, Stablecoins and more!

Tuesday, Dec. 6 | 2:45
PM-4:00 PM
Westin, Level 2, Plaza

Summary: The crypto world is evolving rapidly; new digital assets and concepts, like stablecoins and decentralized finance (DeFi), are becoming part of mainstream vocabulary. Are you in the know and prepared to discuss these key topics in the 2023 session? NCSL policy experts will lead this Forecast '23 session, bringing clarity to concepts and insight on what to watch for in the year ahead. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Panelist: Benjamin Orzeske, Chief Counsel, Uniform Law Commissioners

Speaker: Heather Morton, Director, National Conference of State Legislatures

Forecasting the Hottest Education Issues for 2023

Tuesday, Dec. 6 | 2:45
PM-4:00 PM
Westin, Level 2,
California Ballroom AB

Summary: The 2023 session will be critical for legislative efforts to rebuild an education system hampered by the pandemic. Lawmakers face multiple priorities including identifying and supporting efforts to accelerate student learning, helping students navigate college and career options, and improving teaching and learning conditions. Two leading education experts with differing viewpoints will debate the best ways to approach these challenges while legislators reflect on how to craft their own 2023 legislative education agendas. Join NCSL policy experts in the foyer after the session if you'd like to continue the conversation.

Moderator: Michelle Exstrom, Director, National Conference of State Legislatures

Panelist: Austin Reid, Sr. Legislative Director, National Conference of State Legislatures

General Session: Lessons in Leadership: What I Learned from the Private Sector, the Church and a Global Nonprofit

Tuesday, Dec. 6 | 4:15
PM-5:15 PM
Westin, Level 2,
California Ballroom AB

Summary: Tireless commitment and bold vision make Jonathan Reckford one of America's most influential leaders. Those working in legislatures share the same dedication, but there's more to know. Come learn about key leadership attributes at this fireside chat-style conversation.

Moderator: Steve Atkinson, Vice President of Executive Media Engagement, Spectrum Science

Speaker: Jonathan Reckford, CEO, Habitat for Humanity International

Meet Me at the USS Midway Museum

Tuesday, Dec. 6 | 6:00
PM-7:30 PM

Summary: San Diego is home to the spectacular USS Midway, the longest-serving aircraft carrier of the 20th century. There's no better place to take some time to connect with other Forecast '23 attendees than onboard this essential piece of America's military history during this evening reception.

NCSL Foundation Partnership

Wednesday, Dec. 7 |
7:30 AM-8:45 AM
Westin, Level 2, Plaza

Session Name**Time/Room**

Summary: The NCSL Foundation is kicking off a partnership on alternative transportation user fees. This partnership will convene state lawmakers, legislative staff and private sector sponsors for a series of in-person meetings to learn more about the benefits and challenges of varying transportation user fee options. The partnership will culminate with an online toolkit highlighting three to four transportation user fee alternatives agreed upon by the steering committee and sponsors. Join the partnership's steering committee members and private sector partners to learn more about how to participate. Breakfast will be served.

☐ Breakfast

Wednesday, Dec. 7 |
8:00 AM-8:45 AM
Westin, Level 4, San
Diego Ballroom

Summary: Connect with other attendees and NCSL staff while fueling up for the day ahead.

☐ Registration and Info Desk

Wednesday, Dec. 7 |
8:00 AM-11:00 AM
Westin, Level 2,
California Foyer

☐ San Diego Election Office Tour

Wednesday, Dec. 7 |
10:00 AM-12:00 PM
Westin, Level 2,
California Foyer

Summary: How are elections actually run? With 50-plus different systems, that's a hard question to answer. Fortunately, you can join NCSL's elections team on a tour of the San Diego Registrar of Voters office to see how one of the largest counties in the country does it. Learn about voter registration, the implementation of all-mail elections and more. Don't forget to bring your questions about cost, security and voter education. This tour is capped at 20 attendees; please email Amanda.Zoch@ncsl.org to reserve your spot by Dec. 3. Preference will be given to legislators and legislative staff.

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